

pop



REBOOT YOURSELF IN 2010

MAKE THOSE RESOLUTIONS STICK BY TAKING ON 11 MANAGEABLE GOALS

By Erin Sarris
FOR REDEYE

Emily Hotz's resolutions this year's reboot. From overhauling a strict diet to connecting with their laptop, she's found significant changes. Coast resident.

"I am so excited to get our house organized," said Hotz, 32. "When I find it to be a long day, but way more fun."

And she's not alone. Hotz embarked on adopting a minimalist lifestyle of staying in her friend's



It's clean-up time

Skip the matching containers, labels and markers—getting organized is as easy as looking up.

"Go vertical!" says certified professional organizer Amy Trager. Try utilizing most rooms' 8 feet of vertical storage by building higher shelves. And by deciding beforehand how many pieces are reasonable to keep (e.g. "I will only own five pairs of jeans.") there's no excuse to hang onto older items.

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